





Harrow ~ Barnet ~ Brent

October 2021





















Welcome to issue 4, October's edition, where we can read about the licensing of The Rev Kim Quak-Winslow. Also, Barnet Multi Faith Forum were part of the London Interfaith Fun Run, which unites communities in London and beyond. The Collation and Induction of The Rev Dr Sarah Archer took place at St Alban Church, North Harrow.

National Hate Crime Awareness Week is also this month, 9th—16th October, there are some useful numbers at the end of the newsletter.

FAITH CALENDAR FOR OCTOBER



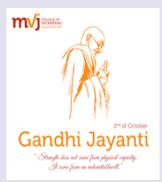
Sept/Oct HARVEST FESTIVAL Christian (Western, Anglican and Free Churches)
[Dates vary widely]

Displays of various foods are made in churches and Sunday schools and services are held to give thanks for the goodness of God's gifts in nature.



1 October (Friday) JASHN-E MEHERGAN (or MIHR JASHAN) Zoroastrian (Iranian)

The festival of Mehergan is dedicated to the divinity Meher or Mithra, who is associated with the sun and with justice. Thanks are offered at the fire temple and the community shares in a meal that includes dry fruits and nuts, along with a drink, dancing and merrymaking.



2 October (Saturday) GANDHI JAYANTI Hindu

Gandhi Jayanti is an Indian national holiday that celebrates the birthday of Mahatma Gandhi, who is referred to as the 'Father of the Nation'. He was the driving force behind the foundation of the state of India. His birthday is celebrated with services, prayers and painting and essay contests, using topics that glorify peace and non-violence, and the singing of Gandhi's favourite devotional song entitled 'Raghupati Raghav Raja Ram' (Ram Dhun for short).



6 October (Wednesday) ANNIVERSARY OF THE BIRTH OF THE BAB Baha'l

The Bab (the title means 'Gate') called people to religious renewal and to await the coming of a messenger from God, believed to be Baha'u'llah (a title that means 'Glory of God').



6 October (Wednesday) to 14 October (Thursday) NAVARATI Hindu 11 October (Monday) to 15 October (Friday) DURGA PUJA Hindu 14 October (Thursday) to 15 October (Friday) DASSEHRA / VIJAYA DASHAMIPUJA Hindu

Navaratri means 'nine nights', which is how long the festival lasts. In Northern India the performance of the Ram Lila during Navaratri commemorates Rama's victory over Ravana, the de-

mon king of Sri Lanka. The day after the end of Navaratri is celebrated as the 'victorious tenth' (Vijaya Dashami) and huge figures of Ravana are filled with fireworks and burned on Ram Lila grounds (public areas). In the UK some temple congregations carry this out on a smaller scale. Elsewhere the goddess Durga is worshipped on the eighth day. Panjabis mark the day by giving food and other items to young girls.



7 October (Thursday) ANNIVERSARY OF THE BIRTH OF THE BAHA'U'LLAH Baha'I

Founder of the Baha'i faith, he was born the eldest son of a Persian nobleman in Tehran, Persia, in 1817.



7 October (Thursday) CLIMB A HIGH MOUNTAIN / PIC-NIC IN A HIGH PLACE / CHONGYANGJIE / CH'UNG YANG Chinese

This is the day for hill climbing or 'going up on a high place', where kites are flown, family graves visited, and a 'golden pig' is shared by large families with fruit, wine, tea and rice.



19 October (Tuesday) ANAPANASATI DAY Buddhist [date not certain]

The last day on which the Kathina may be held. On the final day of the three months long Rains Retreat, a Kathina robe is made of patches of cloth. It is presented to a particularly deserving or virtuous monk, in a ceremony conducted by four of his colleagues.

19 October (Tuesday) THE BIRTHDAY OF THE PROPHET / MILAD UL NABI (12th Rabi'ul-Awwal) (Sunni) 24 October (Sunday) THE PROPHET MUHAMMAD'S

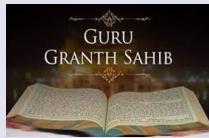
24 October (Sunday) THE PROPHET MUHAMMAD'S BIRTHDAY / MILAD UL NABI (17th Rabi'ul-Awwal) (Shi'a)

Widely celebrated and a public holiday in many Muslim countries. Qur'anic readings and songs in praise of the Prophet feature. The exact date of the Prophet's birth is uncertain.



20 October (Thursday) PAVARANA DAY Buddhist [date not certain]

The last day of the Rains Retreat (the *Vassa*) is known as *Pavarana* Day or 'Leaving the *Vassa'*. *Pavarana* means 'to invite' and on this day monks who have completed the Retreat invite their fellows to admonish them for any failings. It is also known as '*Sangha* Day'.



20 October (Thursday) CONFERRING OF GURU-SHIP ON THE GURU GRANTH SAHIB Sikh

In 1708 Guru Gobind Singh declared that, instead of having another human Guru, from now on Sikhs would regard the scripture, the Guru Granth Sahib, as their Guru.



31 October (Sunday) SAMHAIN (pronounced Sow-in) Wiccan Pagan SAMHUINN Druid

The Celtic wheel of the year turns and the veil between life and death is drawn aside. Samhain is the festival of death when Pagans remember and honour those who have gone before. Fires are lit and 'dead wood' is burned before stepping into the darkness of winter.

The wheel of the year is seen to begin at Samhain. Pagans celebrate death as part of life. This is not a time of fear, but a time to understand more deeply that life and death are part of a sacred whole.



31 October (Sunday) HALLOWE'EN Heathen

Halloween / Hallowe'en is a holiday celebrated on the night of October 31. Traditional activities include trick-ortreating, bonfires, costume parties, visiting 'haunted houses', and carving jack-o-lanterns. Irish and Scottish immigrants carried versions of the tradition to North America in the nineteenth century. Other western countries em-

braced the holiday in the late twentieth century including Ireland, the United States, Canada, Puerto Rico and the United Kingdom as well as of Australia and New Zealand.

Messages from our Faith Community and Safer Neighbourhood Team's

TERIDGE SAFER NEIGHBOURHOOD TEAM

Totteridge SNT attended the licencing of The Reverend Kim Quak-Winslow. Reverend is the new priest-in-charge of All Saints', Friern Barnet and St John the Apostle churches in Whetstone.

Reverend Kim is currently the Youth Chaplain and Minor Canon of St Albans Abbey, and prior to this she served as a Curate in Sutton in the Diocese of Chester.

The service took place on **Sunday 5th September at 3.00pm** starting at St John's Church, Whetstone for the licencing, followed by a procession from St John's to All Saints' where a Mass was held. This was followed by a reception in the All Saints church hall. PCSO MORROW, PC YOUNUS AND PC WHITELY attended, with PCSO MORROW giving a speech as part of the function. The BISHOP for the Diocese was also in attendance.

Some photos of the day.....











LONDON INTERFAITH FUN RUN

First ever London Interfaith Fun Run unites communities in London and beyond.

A global message of unity and friendship between people from diverse backgrounds was sent from London on Monday 30th August as the inaugural London Interfaith Fun Run brought together hundreds of people from different communities.

The first-of-its-kind event held at StoneX Stadium in Barnet saw hundreds of runners challenge themselves and raise money for charities, the majority in London but some joining virtually by running in their own area as far away as Hyderabad, India.

There were plenty of exciting activities to experience at the London Interfaith Fun Run, such as an international food

court, a prayer and reflection space, Cloud Nine inflatable Zone and an 'Interfaith Zone' with facilitated dialogue activities.

Runners and spectators were treated to a diverse range of music, dance and storytelling performances in collaboration with 'Faiths In Tune' who organise interfaith music festivals and events across Europe. Performances included Shumei UK, Shree Muktajeevan Swamibapa Pipe Band, Propa and friends, MTO Shahmaghsoudi, and London International Gospel Choir.



The London Interfaith Fun Run organisers, the Faith & Belief Forum in partnership with Maccabi GB, were joined by 34 other charities who brought supporters and beneficiaries to run, fundraise for their cause, and take part in the other activities on the day. Charities ranged from refugee support organisations, to those tackling climate change, and those bringing together different faith groups to build trust and understanding between neighbouring communities.



Hagir Ahmed, the Refugees and Asylum Seekers Officer for the United Nations Association, said:

"I was inspired by the London Interfaith Fun Run as a chance for the refugees and asylum seekers to have the opportunity to participate and engage, while socialising with positive people from all religions and cultural backgrounds."

Phil Champain, Director of the Faith & Belief Forum, and one of the runners on the day, said:

"The London Interfaith Fun Run is a great opportunity to bring people of different faiths and beliefs together while showing our support for charities doing important work in London and beyond. After 18 difficult months with very limited social contact and many challenges, this positive event, bringing people together, is just what many of us need."



President of Maccabi GB Michael Ziff commented:

"The London Interfaith Fun Run was very special to be a part of. It was incredible to see hundreds of runners and spectators come together. It is really important to see all Faiths, Beliefs and Religions working together for a better London and Great Britain to put aside their differences. We look forward to building on the success for many years to come."

The London Interfaith Fun Run was sponsored by Dangoor Education and supported by the Greater London Lieutenancy's Council on Faith. Sir Kenneth Olisa, Lord-Lieutenant of Greater London, attended the event and spoke to the audience about the important role the city's faith and belief groups play in supporting their communities, demonstrated clearly by the many ways they have helped people through the pandemic.

David Dangoor CBE, chair of Her Majesty's Lord-Lieutenant of Greater London's Council on Faith, who initiated the London Interfaith Fun Run project and was there on the day to lead the countdown for the 5k and 10k run, said:

"We hope it will inspire many of those who form the beautiful social tapestry of our great capital city, be they young or old, whatever their ethnic



group or faith, to join together in strengthening the bonds that can help make London a strong and welcoming, diverse, community."

With registration of interest already open for the 2022 event, there is plenty of time to start training for next year's Fun Run.

Register your interest on the London Interfaith Fun Run website: https://www.interfaithrun.org/2022







About Maccabi GB

Maccabi GB are Britain's leading Anglo-Jewish Sports, Health and Wellbeing Charity and has flourished for over 80 years. Part of a global movement operating in over 70 countries, our mission is to support the long term future of British Jewry by engaging and developing the entire Jewish Community with a broad range of sporting, educational, social and health and wellbeing activities, whilst promoting Jewish Identity and the centrality of Israel. Each year, through over 250-targeted projects, programmes and events, Maccabi GB reaches over 45,000 people nationally. This is achieved by a dedicated team of professionals based in both London and the North.

Charity Number: 1098206

For additional information on Maccabi GB visit www.maccabigb.org

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THE COLLATION AND INDUCTION OF THE REVD DR SARAH ARCHER AS VICAR OF ST ALBAN, NORTH HARROW.......

By The Revd Pete Broadbent, Bishop of Willesden and the Ven Catherine Pickford, Archdeacon of Northolt. 17th September, 2021 at 7.30pm.

Welcome to St. Alban's Church

"These occasions are usually the first opportunity for many to meet the new parish priest, but Sarah has been ministering at St Albans since August 2020, initially covering Revd Kate Tuckett's maternity leave. Sarah left medicine to train for the priesthood, and since her

ordination has ministered not only in this Diocese but also in Southwark, Bath and Wells, Portsmouth and Exeter Dioceses.

She is a Priest Vicar at Westminster Abbey, singing evensong when required, and has permission to officiate in the Diocese in Europe, where she counts herself extremely fortunate to have worked as a locum in Naples and as a ski chaplain for the Intercontinental church Society in both Morzine and Zermatt. She has also been a member of the Lee Abbey Community in Devon."



The service included a Eucharist, or Holy Communion. The word Eucharist means thanksgiving. The past year and a half have been challenging times for us all, but they have also helped many of us to see the world through new eyes, and to realise that there are many things to be thankful for that we had previously taken for granted.

During the service we were invited to go up during communion: to receive communion if that was our usual practice, or to receive God's blessing and perhaps an opportunity to give thanks for the good that we have received in the midst of difficulties.



The service was beautiful with many wonderful hymns enthusiastically sung by the congregation, which sounded all the more glorious accompanied by their choir. Celebrations continued in the church hall after the service.

Here are some more photos of the evening.....











Crime Prevention advice

NATIONAL HATE CRIME AWARENESS WEEK 9th – 16th OCTOBER



Hate crime comes in many different forms and strikes at the heart of communities. With your help, we can tackle those responsible for hate crime and keep our communities safe. We're here and ready to help anyone who has been affected by someone else's prejudice, ignorance or violence.

A hate crime is defined as 'Any criminal offence which is perceived by the victim or any other person, to be motivated by hostility or prejudice based on a person's race or perceived race; religion or perceived religion; sexual orientation or perceived sexual orientation; disability or perceived disability and any crime motivated by hostility or prejudice against a person who is transgender or perceived to be transgender.'

A hate incident is any incident which the victim, <u>or anyone else</u>, thinks is based on someone's prejudice towards them because of their race, religion, sexual orientation, disability or because they are transgender.

Not all hate incidents will amount to criminal offences, but it is equally important that these are reported and recorded by the police. Verbal abuse, threats or name-calling can be a common and extremely unpleasant experience.

Victims of verbal abuse are often unclear whether an offence has been committed or believe there is little they can do. However, there are laws in place to protect you from verbal abuse.

If you've been the victim of verbal abuse, talk to the police or one of our partner organisations about what has happened. You'll find a list of them on our <u>How to report hate crime</u> page.

Even if you don't know who verbally abused you, and there is not enough evidence to bring a prosecution, the information could still help us to improve how we police the area where the abuse took place.

Is it an emergency?

Does it feel like the situation could get heated or violent very soon? Is someone in immediate danger? Do you need support right away? If so, please **call 999 now**. If you're deaf or hard of hearing, use our text phone service 18000 or text us on 999 if you've pre-registered with the emergencySMS service.



Other useful links

<u>Crimestoppers</u>

A national charity with a free helpline for reporting crime anonymously. Or call: 0800 555 111

Tell MAMA

A national project supporting victims of anti-Muslim hate and monitoring anti-Muslim incidents. Or call: 0800 456 1226 or 0734 184 6086 on WhatsApp.

Community Security Trust (CST)

A charity protecting British Jews from antisemitism and related threats. Or call: 020 8457 9999

Galop

A national charity providing advice and support to members of the LGBT community. Or call: 020 7697 4081

Stop Hate UK

An independent charity that operates a free 24hr phone service for victims and witnesses. Or call: 0113 293 5100

Inclusion London

A charity promoting equality for London's Deaf and Disabled people. Or call: 020 7237 3181



Other useful contact details:

https://www.met.police.uk/car/careers/met/police-officer-roles/police-constable/overview/

Government Coronavirus website

Report crime by calling 101 or in an emergency call 999. Remember, you can also report crime online on our website:

https://www.met.police.uk/

CATCH UP ON NW BCU INFORMATION -

twitter@mpsharrow / twitter@mpsbarnet / twitter@mpsbrent

Jewish Wellbeing

Good Thinking, a digital mental health service, has released this resource on the NHS's 5 steps for everyday wellbeing framed in Jewish practices and traditions. Or copy & paste the following link into your search bar:

https://good-thinking.s3.amazonaws.com/documents/Five_Ways_Wellbeing_Judiasm_v5_2.pdf

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