



Launch of CANparent Quality Mark

Find out how to apply for the CANparent Quality Mark for universal parenting classes

Parenting UK annual conference on 26 March:
Understanding mental health and resilience

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We welcome your comments
on and contributions to our
News Bulletin. Please address any
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Edward Timpson MP

Edward Timpson MP launches CANparent Quality Mark

Parenting UK is pleased to announce that the CANparent Quality Mark was launched on 28 January at the House of Commons by The Parliamentary Under Secretary of State for Children and Families Edward Timson.

CANparent's Quality Mark is the only quality standard in the parenting support sector, developed by and for the sector and can be applied for by all types of organisations, from charities and social enterprises to private sector and local family organisations, delivering a universal parenting class. Among the first to receive the CANparent Quality Mark at the launch after a successful trial period were The Solihull Approach, Family Links and Approachable Parenting.

Edward Timpson MP opened proceedings and spoke of how families are at the heart of a strong, cohesive society with evidence indicating that parents, especially from the earliest years, are the single biggest influence on a child's healthy development and future outcomes. He reiterated that the Government places great importance on the formative years as a foundation for life and for future attainment and this cannot be overestimated.

The launch attendees also heard from Emanuela Podda, a parent from North London who had attended a parenting class run by the Race Equality

Foundation. Speaking at the launch, she said: "I had already been thinking of what I could do to help my son grow up in this day and age, to keep him safe and well-rounded and this course was the perfect opportunity. There were a variety of courses to choose from and the Strengthening Families (run by Race Equality Foundation) online course one was best for me. It was a combination of online modules and group Skype sessions. I received a CANparent voucher by post and I had the opportunity to take part in a parenting course where I could study in my own time and fit it in my busy week. I discovered a new world and I realised that having a structure in your parental style makes a difference. This course provides practical ideas that are easy to remember and the different areas of study are key development stages of our children's growth."

The objective of the CANparent Quality Mark is to ensure that approved parenting classes are inclusive, easily accessible to parents and adult carers who wish to access support and guidance from professionals and fellow parent attendees about a variety of parenting dilemmas. CANparent aims to empower and equip parents with the skills to manage normal every-day and on occasions difficult parenting challenges. Ultimately CANparent will promote a shift in attitudes so that

seeking family support is seen as a sign of strength.

Pamela Park, Director of Business Development at Family Lives believes a Quality Mark is vital to engender parental trust and engagement. She told guests at the launch:

“Our vision is that all parents will have access to advice and support whenever they need it and however they want to access it. For this to become reality, there must be a vibrant market of parenting classes, and we must continue to change the culture across the country so that seeking out parenting ideas and advice is seen as a positive and practical step. We hope that the CANparent Quality Mark will play a role in achieving both of these things.

We know that parents want help and advice in raising their children. Currently, parents struggle to know which sources of advice are trustworthy. CANparent's Quality Mark will address this. Our charity partners have combined resources, experiences and a long history of raising public and professional awareness of the vital role of good parenting. We hope that the Quality Mark will contribute towards encouraging all parents to strengthen their parenting skills in order to support their children to get the best start in life.”

Also present at the event was Charles Walker MP, (pictured below, left) who commented that the large turnout at the event was testament to the commitment of the diverse sector to parenting support. Attendees ranged from Parliamentary



comes to you somehow... but this is far from being real... This course has been mind-opening and so important for both me and my child. I think all parents need guidance and support. They need to know that around them there are tools and simple techniques they can introduce to the child's life that will help them both: becoming closer to one another, communicating more and growing together.

I am so glad I took this course, I have learned a great deal about being a parent and it was so worth it! I will treasure all the advice and I will definitely practice how to give clear instructions. I will keep the special time as part of our routine, I will pay more attention to my child's feelings and I will do my absolute best to teach my child the skills they need throughout life.”

Parenting organisations requiring information on how to applying for the CANparent Quality Mark should visit www.canparent.org.uk/providers

In order for parenting organisations to be awarded the Quality Mark, they must demonstrate that their class is:

1. Making a positive difference to parents using evidence of what works. Are using the most relevant material to develop and deliver classes, and that evaluations are carried out to ensure their classes continue to help improve relationships between parents and children.
2. Ensuring provider integrity to deliver classes – parents need to know that the class they attend are delivered by competent people with appropriate training and experience. That there are appropriate policies in place regarding signposting, boundaries, confidentiality.
3. Recommended by other parents.
4. Ensuring that CANparent Quality Marked classes are warm and engaging to all parents and those in a parenting role.

You can also hear more about the CANparent Quality Mark at our annual conference on 26 March where you will be able to speak to the CANparent lead Paul Williams to answer any questions you may have. See page 7 for the full conference information.



Left to right: Charles Walker MP, Emanuela Podda, Graham Allen MP

and coalition colleagues, civil servants from a range of departments, local authorities, private sector and third sector providers of parenting and family support, and academics in the field. He said: “Parenting is the most important skill, as we adults are charged with raising the next generation. Sometimes we all need a little support to help us get things right and I am so pleased that Family Lives is out there providing that support.”

Perhaps Emanuela best encapsulates the ethos behind CANparent when she says:

“Often people have the perception that the moment you become a parent you know what to do or the knowledge

CANparent Quality Mark

Briefing



Our vision is that there will be no stigma attached to parents seeking help to strengthen their parenting skills in order to support their children. We are working towards a world where parenting education is driven by parents' demand for high quality products and services. To this end, we have developed a Quality Mark for all organisations who are developing or delivering universal parenting classes.

The CANparent Quality Mark will set accredited organisations apart from others, and will enable parents to choose between organisations with the Quality Mark and those without. Achieving the CANparent Quality Mark will also demonstrate that organisations have met the unique elements of the quality assessment process, and the high standards expected by parents and commissioners across the country.

Benefits of the CANparent Quality Mark:

- provides a robust and systematic process for measuring the quality of development, delivery and provision of universal parenting classes
- gives parents and commissioners confidence that classes have undergone a robust quality assessment process
- allows the benchmarking of organisations against a recognised quality mark
- offers a greater profile, recognition and credibility across the sector
- paves the way for new business opportunities

The CANparent Quality Mark is the only quality standard in the parenting sector that has been developed for the sector, by the sector.

The CANparent Quality Mark is robust, straightforward and user-friendly. It is built on four elements of quality. These are then broken down into sub-elements, each of which links with a piece of required evidence that is to be submitted during assessment.

The Quality Mark is only available to providers who deliver or develop a universal parenting class. To be considered as 'universal', a parenting class must:

1. Include subjects covering all of the following content:
 - communication/listening
 - managing relationships
 - play/explore/learn



- different parenting styles/behaviour
 - rules and routines
 - creating a supportive and nurturing home environment
2. Have the following delivery approach:
- appropriate settings for parents
 - content based on evidence of effectiveness
 - include opportunities to reinforce learning
 - flexible delivery modes
 - is linked to other parenting support services
3. Ensure that any trained workforce and materials are delivered with the original programme in mind, to ensure fidelity.
4. Collect and analyse participation and satisfaction data.

The four elements of the CANparent Quality Mark

Element one

The class can be relied on by parents to make a positive difference, it is evidence based, monitored and evaluated to improve parent/child relationships.

Criteria

- There is experience of delivering parenting classes using an evidence informed approach.
- The provider monitors and evaluates the classes.
- The class has strong quality assurance mechanisms in place to ensure fidelity.
- The class is delivered by an appropriate, supervised and trained workforce.

Element two

Parents can rely on the integrity of the class provider, its professional conduct, competence, financial and governance systems, and data protection/confidentiality, to ensure suitability to deliver a class.

Criteria

- The class provider/developer ensures the competence levels of trainers are assessed, that they undertake continuous professional development and receive regular supervision.

- All necessary financial and governance systems are in place, effective, and reviewed.
- The class provider/developer signposts any parents who may need support elsewhere.

Element three

The class is recommended by other parents.

Criteria

- The class seeks quality through review and acts accordingly.
- Parents are involved in the development and promotion of the class.

Element four

The class is responsive, warm and relational, engaging with parents and builds on these effective relationships to meet their needs.

Criteria

- The class develops and uses a range of approaches to engage with all parents and build and maintain relationships.
- The class works with and respects the strengths, skills and acknowledges the expertise of all mothers, fathers and those in a parenting role.
- The class increases its popularity with all parents.



Principals of the CANparent Quality Mark

Applying for the CANparent Quality Mark requires a commitment to the following principles:

1. You have the authority within your organisation to apply for the Quality Mark.
2. You are committed to achieving and maintaining the CANparent Quality Mark and its standards.
3. To submit data of parents attending classes to CANparent, on a monthly basis.
4. You are looking to upscale your parenting class provision.
5. You understand that the role of the assessor is to support you in achieving the Quality Mark and will be focussed on activity required to do that.
6. Be able to submit case studies and support publicity matters as a case study.

Please note: full terms and conditions are on our website. For your organisation to be assessed you must register online at **www.canparent.org.uk/providers**

Registration will start the assessment process, which involves six steps:

1. Initial eligibility checklist
2. Collate all the required evidence
3. Submit evidence via CANparent website
4. Meet with assessor to discuss and clarify evidence, if necessary
5. Report on application to be collated and sent to you
6. Award of the CANparent Quality Mark, if successful

The assessment will be carried out by Quality Mark assessors who are members of the CANparent consortium who are trained and supported by Parenting UK, part of Family Lives to carry out reviews of organisations against the elements of the CANparent Quality Mark. The assessment process should not take more than 10 weeks.



Parenting UK Annual Conference

Understanding mental health and resilience in parents and children

Join us for this year's annual conference featuring key speakers from NSPCC, Centre for Mental Health, Family Links, YoungMinds and the Tavistock Centre for Couple Relationships, plus an opportunity to learn about the new CANparent Quality Mark for universal parenting classes. This conference will explore the impact of mental health in family settings from when a baby is born to coping with teenage mental health problems and parents' own needs.

Delegates will have an opportunity to discuss strategic and practical solutions for supporting parents who either have mental health problems themselves or who care for children and young people who do. The sessions will explore methods of building resilience in parents to help reduce stress and minimise the negative impacts on parenting. As many as 120,000 babies may be affected by the current gap in perinatal mental health support (*All Babies Count: Spotlight on perinatal mental health*, NSPCC 2013) and yet around 80% of new mothers with mental health issues feel unable to report them. Up to one million children are affected by the need to care for parents with mental health problems in later life; providing adequate support in building emotional resilience is more important than ever.

Delegates will also hear an update on the CANparent Quality Mark for providers of universal parenting support, with information on how to obtain the quality mark and what it can mean for your organisation as well as an update on the outcomes and findings of the CANparent parenting class voucher offer, following the conclusion of its two-year trial period.

Date: Wednesday 26 March, 9.30am - 4.30pm

Venue: Senate House, London

Programme

09.30 - Registration and refreshments

10.00 - Welcome and opening comments from chair

10.10 - Perinatal mental health and its effect on children
Sally Hogg, NSPCC

10.45 - Supporting parents of children with behavioural disorders - Lorraine Khan, Centre for Mental Health

11.20 - The importance of effective couple relationships for good mental health - Honor Rhodes, Tavistock Centre for Couple Relationships

11.55 - Break for refreshments

12.15 - Panel discussion: Recognising and responding to mental health issues in family settings
Panel: Pamela Park, Parenting UK (Chair), Annette Mountford, Roger Catchpole, more TBC

13.00 - Lunch and networking

14.00 - Announcement of CANparent Quality Mark and the quality assurance process

14.30 - Workshops

Workshop 1: Looking after the mental health of teenagers and their parents – a resilience based approach. Roger Catchpole, YoungMinds

Workshop 2: The impact of the Nurturing Programme on mental well-being and how it helps parents build their own resilience as well as their children's. Annette Mountford, Family Links

Workshop 3: Methods of evidencing the impact of our work in improving parents' mental health and relationships. Honor Rhodes, TCCR

15.30 - Update and outcomes from the CANparent parenting classes voucher trial

Please note that the programme is subject to change.

To book visit www.parentinguk.org. Tickets are £74 for members, £110 for non members.

Parents cited as reason for nearly half of youth homelessness

A new annual report has revealed that nearly half of homeless young people had come from homes where parents were no longer willing to put them up.

The *Young and Homeless* report, produced annually by charity Homeless Link, gives the findings of a survey of homelessness charities and local authority housing departments. The responses showed that 44% of young people seeking help had been turned away by their parents. 14% had been turned away by friends and other relatives and 13% had experienced violence or abuse.

The report follows Chancellor George Osborne's announcement that further spending cuts will be made by reducing the amount of housing benefit available to those under twenty-five. Homeless Link have urged the government to reconsider these plans to ensure that appropriate support is in place for young people who have nowhere else to turn.

Other factors mentioned in the survey include substance misuse, mental health issues and low educational attainment. Around 40% were also not in employment, education or training.

Parenting support cuts risk of child behavioural problems

A new report by the Centre for Mental Health has shown that parenting programmes can reduce the risk of children experiencing behavioural problems later in life.

The report, titled *Building a Better Future* is based on a 30-month study of early intervention work funded by the Esmée Fairbairn Foundation and carried out by the mental health charity to look at the effects of evidence-based parenting programmes on children with behavioural difficulties.

The report found that parenting programmes can help with children's behaviour and can even reduce the risk

of children becoming offenders in adult life. Effective programmes were shown to reduce the numbers of children reaching the clinical threshold of conduct disorder by half.

In addition, the report highlights the potential cost savings of parenting programmes, suggesting that every pound invested can return fourfold in the form of savings on education and social services later in life.

The executive summary states: "Provided that they are well implemented, parenting programmes are very good value for money. The potential benefits of early intervention are so high relative to its cost that only a modest improvement in outcomes is needed to support a strong economic case. These programmes more than pay for themselves through future savings in public spending."

Parents in Scotland see positive results from school nurture groups

A briefing paper by child protection policy organisation WithScotland has reported that parents are seeing positive results in their children's behaviour following school-based support groups.

The paper, 'The Role of Schools In Supporting Vulnerable Children and Families', examines the range of frameworks and evidence-based programmes that schools can undertake to support vulnerable families in Scotland. The paper focuses on programmes that encourage parents and children to participate together and take parental views into account.

The report comes in response to findings from the Christie Report that 40% of public spending goes towards services for support that could be negated with effective use of early intervention, and recognises the important role of schools - as a near universal service - in providing these interventions. The report also acknowledges that "School-based education alone is insufficient unless policies are developed that support children's learning before they start school".

Working within Scotland's 'Getting it Right for Every Child' framework, a number of assessment models are already in use, helping to identify emotional needs of children and potential risk factors before proceeding to interventions that can support the child's overall wellbeing.

A study of nurture groups being used in primary schools in West Lothian shows that difficult and challenging behaviour can be addressed and emotional development improved, through attachment-based practice. Nurture groups take the form of a teacher and assistant modelling out positive behaviour and social skills for children in a safe setting, and the results have been received favourably by parents who have reported emotional and behavioural improvements. Nurture groups are also being used increasingly in secondary schools.

The paper gives further information on school-based interventions such as Families and Schools Together (FAST) whereby parents and children meet in groups after school for a number of sessions, working on a whole family approach to improve parent-child relations and enhance life chances for both parents and children.

The paper contains links to further reading and references for those interested in developing school-based family support practice.

Free childcare is good for parents' mental health

A new study by the Nuffield Foundation has found that the provision of free childcare has helped support parental mental health by allowing for a greater work-life balance. The study, which demonstrates that paid work can make single mothers less depressed, shows a direct link between employment status and mental health, and makes a case for the vital role played by accessibility of free childcare.

Between 1998 and 2008, depression fell from 32% to 23% amongst mothers who were both single and employed. Conversely, the rate of diagnosis for depression rose from 33% to 41%

among unemployed single mothers. The decrease in depression is attributed by the researchers to the increased availability of free childcare which can allow single parents a greater degree of flexibility over the choices they make about work, helping to create a more positive balance between working and childcare. The Nuffield Foundation's Director of Social Research and Policy Teresa Williams, said:

"The improvement in mental health among lone mothers who work is good news, not least because we know that maternal depression is strongly associated with children's cognitive and emotional well-being. But we don't know whether it is sustainable. If political and economic changes since 2008 make it more difficult for lone mothers to balance work and home life then we may see a reversal of this trend. We also need to address the needs of those not in work, who have seen their mental well-being deteriorate over the same period."

Youth mental health

The National Youth Agency has backed a campaign by YoungMinds which seeks to improve mental health support for young people. The campaign follows a survey by YoungMinds which revealed that half of young people have experienced some form of bullying and a third do not know where to turn for mental health support when they feel anxious or depressed.

The new campaign, "YoungMinds Vs" will tackle five major issues and fears that young people face, those being sexual pressure, bullying, unemployment, school stress, and access to counselling.

YoungMinds have received support from the National Youth Agency, whose chief executive Fiona Blackie has acknowledged a need for youth workers to support young people's mental wellbeing in the modern world. YoungMinds Director of Campaigns Lucie Russell said: "Every day we hear about the unprecedented toxic climate children and young people face in a 24/7 online culture where they can never switch off."

Nurturing Attachments Training Resource: Running Parenting Groups for Adoptive Parents and Foster or Kinship Carers

Author: Kim S. Golding

Nurturing Attachments Training Resource is a training programme for those running parenting groups with adoptive parents and foster carers. Featuring a CD-ROM with practical, photocopiable handouts and exercises, it provides guidance on understanding their fostered child and how to form healthy bonds of attachment with them.

2013, Paperback: £80.00
ISBN: 978-1-84905-328-0

Closing the Gap: Priorities for essential change in mental health **Published: Department of Health**

This document aims to bridge the gap between our long-term ambition and shorter-term action. It seeks to show how changes in local service planning and delivery will make a difference, in the next two or three years, to the lives of people with mental health problems. It therefore sets out 25 areas where people can expect to see, and experience, the fastest changes.

www.gov.uk

Building a better future: the lifetime costs of childhood behavioural problems and the benefits of early intervention

Published by: Centre for Mental Health

Parenting programmes more than pay for themselves through future savings in public spending, spread across a range of budgets including education, health, social care and criminal justice. Building a better future reviews the evidence on the costs of severe behavioural problems and the benefits of parenting programmes, and shows that the programmes are extremely good value for money.

www.centreformentalhealth.org.uk/pdfs/building_a_better_future.pdf

Reshaping childcare to support working mothers

Authors: Spencer Thompson, Dalia Ben Galim

Published by: IPPR

IPPR's latest report explores the factors behind maternal employment in the UK. It focuses on how better public provision of affordable childcare – a crucial resource for mothers who are working, want to start working, or want to increase their hours – could drive up maternal employment rates, and in doing so reduce child poverty, promote greater equality in earnings, and promote family wellbeing.

www.ippr.org/publication/55/11899/childmind-the-gap-reforming-childcare-to-support-mothers-into-work

Working with fathers

Provider: Children in Wales

Location: Cardiff

Start date: 26 March (1 day)

Price: £100

Contact:

hannah.sharp@childreninwales.org.uk

This course, aimed at both front line practitioners and their managers, will look at a number of self-assessment tools which can aid an organisation in identifying strengths and weaknesses in their current approach to working with males, and can therefore help to focus on possible areas for service re-design, based on the data analysis.

Attachment

Engaging with parents and families

Provider: Children in Wales

Location: UK wide

Start date: 2 April (1 day)

Price: £135

Contact:

hannah.sharp@childreninwales.org.uk

This course is aimed at all those interested in the emotional development of babies and children, and particularly those working with, or supporting children and families in stressful circumstances. Attachment disorder has come to be understood as a major contributor to behavioural and emotional problems in children, and in the development of personality disorders in adulthood.

Understanding the importance of attachment in early development and how to recognize when family bonds are undermined are critical skills for those working with families. Practitioners also need skills in direct and systemic work to support children with attachment difficulties. This course therefore also describes the interventions that are available if you are working directly with children and their caregivers.

Parents of teenagers

Take 3 Facilitator Training: effective support for parents of teenagers

Provider: Take 3 Parenting

Location: London

Start date: 11 March 2014

Course length: 3 days

Price: £350

Qualification: Take 3 Accreditation

Contact: info@take3parenting.co.uk

This accredited training will enable practitioners to run the evidence-based Take 3 parenting course. Take 3 is designed for working with parents/carers of at-risk, troubled or vulnerable 10-18 year-olds. It is used throughout the UK in group and 1-2-1 settings by Youth Offending and Early Intervention teams, schools, Troubled Families projects, family support workers and other parenting professionals.

Take 3 was originally created in the UK for use within the Youth Justice context and then developed over an eight-year period before publication in 2008, incorporating feedback from parents and facilitators so as to hone it down to "what works".

ESCAPE & Parallel Lines Facilitator Training

Provider: Training Together

Location: East of England

Start date: 24 March 2014

Course length: 3 days

Price: £300 Manuals can be purchased at a discounted rate of £90.00

Qualification: Accredited Facilitator Status

Contact: Chris Duguid 07946484389 or email trainingtogether@hotmail.co.uk

ESCAPE is an evidence-based parenting programme which offers a flexible framework for working with parents and young people, and it has been widely used with parents in the youth justice system and elsewhere. This programme promotes a problem-solving approach in helping parents establish a positive relationship with their teenagers.

The ESCAPE programme can be used in one-to-one or group settings, and includes Parallel Lines, a companion programme for working with young people. This three-day facilitators' training course will prepare practitioners for running their own parenting sessions using the ESCAPE programme.

Facilitating groups

Provider: Care for the Family

Birmingham: 26th & 27th March 2014

Cardiff: 30th April & 1st May 2014

Booking: 02920 810800 or www.careforthefamily.org.uk/training-dates

This training will equip you to deliver our effective Positive Parenting courses,

supporting parents and helping them build strong and secure relationships with their child.

This practical, interactive training will give you knowledge, skills and confidence through small group facilitation skills and reflecting and building on your existing knowledge and practice. It gives valuable professional development with optional Level 3 accreditation.

This two day non residential training is an essential element in becoming a licensed facilitator to run our core range of Positive Parenting courses. You will need to complete our Facilitating Groups and Working with Parents training.

Positive Parenting

Working with Parents Training

Provider: Care for the Family

Booking: 02920 810800 or www.careforthefamily.org.uk/training-dates

The two day non residential training is an essential element in becoming a licensed facilitator to run the core range of Positive Parenting courses. You will need to complete both the Facilitating Groups and Working with Parents training. The training is practical and interactive looking at key evidence based theories, research and applying this when working with parents in groups or individually. It gives valuable professional development with optional Level 3 accreditation.

Cardiff: 19th & 20th March 2014

Birmingham: 10th & 11th June 2014

Cardiff: 24th & 25th June 2014

Cardiff: 26th & 27th November 2014

Birmingham: 3rd & 4th December 2014

If you run training courses make sure you add them to our website. Just go to www.parentinguk.org and click on 'Your work - training directory' and you can add the courses yourself.

To see more courses available, just visit Parenting UK's website: www.parentinguk.org

Please note that inclusion of courses here does not imply endorsement.

Trafford Council - Resilience and Education Service

Trafford Council is seeking to commission a dual function project which will provide a training and educational package which is highly structured for those who are seeking abstinence and those who are stable on a maintenance programme. This will be a collaborative approach to those working towards recovery, who have had substance misuse (drugs and/or alcohol) problems and are in the process of working towards and sustaining abstinence and recovery. Such a programme will support the recognition of abstinence as a realistic goal and maintaining as a realistic outcome. The programme will also seek to raise self-esteem and confidence, equip attendees with work-based skills and encourage them to move into volunteer placements or employment either within services or outside the field. families

Website: www.the-chest.org.uk/

North East Lincolnshire Council - Parent Partnership Service

North East Lincolnshire Council is inviting tenders for the provision of a Parent Partnership Service in North East Lincolnshire. North East Lincolnshire Council has a statutory obligation to arrange for the parents of any child in North East Lincolnshire with Special Educational Needs to be provided with advice and information relating to those needs, a provider is being sought to provide services to meet this requirement.

Website: www.the-chest.org.uk/

County Durham Community Foundation Grants

The Foundation currently manages 140 different funds. The majority of these have similar criteria and the Foundation has a single application process for most funds. It is recommended that groups apply for around £2,000. However, some funds offer grants of up to £10,000.

Website: <http://www.cdcf.org.uk/>

Frieda Scott Charitable Trust

Established in 1962 and based in Kendal, the Frieda Scott Charitable Trust is a local grant-giving charity established especially to make funds available to other charitable organisations in the old County of Westmorland and the

area covered by South Lakeland District Council. We encourage all applicants for funding to contact us first to talk through your plans.

Website: www.friedascott.org.uk/

John Lyon's Charity

John Lyon's Charity gives grants to groups and organisations for the benefit of children and young adults up to the age of 25 who are residents in London's northwest boroughs of Barnet, Brent, Camden, Ealing, Hammersmith and Fulham, Harrow, the Royal Borough of Kensington and Chelsea, City of London, and the City of Westminster.

The charity's main policy is to promote the life-chances of children and young people through education. To that end, the charity has distributed more than £50 million in the last two decades to a wide range of services for young people. These include youth clubs, arts projects, counselling, child care and parental support schemes, sports and academic bursaries and scholarships.

Website: www.johnlyonscharity.org.uk/

Gibbons Family Trust

The Gibbons Family Trust offers grants to charitable organisations working with children and young people under the age of 25 years in Devon and the Isle of Thanet, Kent. Funding is intended to support the Trust's main priorities, which are the care, benefit, welfare, education and support of young people under 25 years of age.

Website: www.gibbonstrusts.org/trust.html

Cornwall Community Foundation

Cornwall Community Foundation (CCF) help by awarding small grants to organisations who are making a positive impact in their area, helping to overcome these challenges of disadvantage, exclusion and poverty for all ages. They include friendships clubs for older people; youth clubs; support groups for carers and those with a disability. We help fund village carnivals and celebrations; purchasing of equipment; sport coaching courses and outings, to cash grants for crisis situations.

Website: www.cornwallfoundation.com/

Liverpool ONE Foundation

Programme 1 – Small Grants Programme

Grants are available of up to £5,000 for community groups with an annual income of up to £200,000. This programme is aimed at grassroots groups undertaking activity based projects. The expectation is that grants will primarily fund direct project costs and there should be a clear exit strategy or sustainability plan in place and evidenced.

Programme 2 – Milestone Funding
Grants are available of between £10,000 to £20,000 per year for up to three years for community groups with an annual income of up to approximately £550,000 per year.

Website: www.cfmerseyside.org.uk/index.php?p=145

Where to find funding

You can find further information about funding on Parenting UK's website.

The following provide general guidance and information on funding:

Association of Charitable Foundations – www.acf.org.uk

Charities Aid Foundation – www.cafonline.org

Charities Information Bureau – www.fit4funding.org.uk

Directory of Social Change – www.dsc.org.uk

Grants 4 Funding Portals – www.grants4.info/portal/index.asp

GrantsNet – www.grantsnet.co.uk

March

Engaging with Fathers: New Directions in Work with Abusive Men

Date: 10 March 2014

Location: Cardiff

Organiser: BASPCAN

Booking: www.baspcan.org.uk/events-national.php

There is increasing interest in finding ways for child protection practitioners to engage effectively with fathers who have in the past been described as 'invisible' in child protection. This includes working with men who may be abusive to their partners as well as to their children. This event will provide an opportunity for practitioners from the full range of services to develop their understanding of fathers' perspectives and to consider the means by which they can be included in assessment, planning and intervention that aims to safeguard children and young people.

Parenting UK Annual Conference: Understanding mental health and resilience in parents and children

Date: 26 March 2014

Location: Senate House, Malet Street, London WC1E 7HU

Organiser: Parenting UK

Booking: www.parentinguk.org

Featuring key speakers from NSPCC, Centre for Mental Health, Family Links, YoungMinds and the Tavistock Centre for Couple Relationships, plus an opportunity to learn about the new Parenting Support Quality Mark, this conference will explore the impact of mental health in family settings from when a baby is born to coping with teenage mental health problems and parents' own needs.

Delegates will have an opportunity to discuss strategic and practical solutions for supporting parents who either have mental health problems themselves or who care for children and young people who do. The sessions will explore methods of building resilience in parents to help reduce stress and minimise the negative impacts on parenting.

As many as 120,000 babies may be affected by the current gap in perinatal mental health support (NSPCC) and yet around 80% of new mothers with mental

health issues feel unable to report them. Up to one million children are affected by the need to care for parents with mental health problems in later life. Providing adequate support in building emotional resilience is more important than ever.

Parenting UK will give an update on the outcomes and findings of the CANparent parenting class voucher project, following the conclusion of its two-year trial period. We will also offer an exclusive update on the new Quality Mark for providers of universal parenting support, with information on how to obtain mark and what it can mean for your organisation.

Tickets cost £74 for Parenting UK members and £110 for non members.

Neuroscience, parenting and family policy in Britain

Date: 28 March 2014

Location: British Library, London

Organiser: Centre for Parenting Culture Studies

Booking: <http://blogs.kent.ac.uk/parentingculturestudies/files/2013/11/UAB-final-programme.pdf>

This event will disseminate findings from two studies funded under the Faraday Institute's 'Uses and Abuses of Biology' (UAB) programme. These studies explore recent developments in family policy and associated changes in the practice of health visiting and other aspects of professional work with families. They pay particular attention to the emphasis now given in family policy and practice on what are claimed to be findings from neuroscience about the fetal and infant brain.

May

Policy Briefing: Supporting and Strengthening Families

Date: 21 May 2014

Location: London

Organiser: Policy Knowledge Briefings

The family remains the single greatest influence in most young people's lives. It forms the cornerstone of a safe, secure and prosperous life. Data, collected by the Government in late 2011, estimated that the around £9

billion is spent annually on the most troubled families in England. With £8 billion being spent on reacting to these problems, the investment is not providing long lasting results. This timely in-depth policy-led forum will examine current policy priorities in this key area, provide a platform for informed debate and discussion on how to best support disadvantaged families and the opportunity to network with stakeholders across private, public and third sectors.

June

Early Years Health and Education Show

Date: 26 June 2014

Location: ExCel, London

Organiser: Early Years

This brand new event taking place on 26th June in London is the first event of its kind in the UK to recognise the crucial link between health and education and the pivotal role they play in the development of babies and children.

The Early Years Health and Education Show is supported by leading organisations such as 4Children, Family and Childcare Trust, PACEY, the National Day Nursery Association and NHS England whose participation guarantees that the event will provide highly topical, relevant content that covers all of the critical elements of successfully caring for 0 to 6 year olds.

Please let us know about any events you are running about parenting and families by emailing us at info@parentinguk.org

We welcome your comments on and contributions to our News Bulletin. Please address any correspondence to rachelt@familylives.org.uk

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